A New Path to Respectful Resolution

# COLLABORATIVE DIVORCE ASSOCIATION OF NORTH JERSEY



Members Directory 2023

CollaborativeDivorceAssociationofNorthJersey.com

#### COLLABORATIVE DIVORCE - A NEW AND BETTER WAY

#### **COLLABORATIVE DIVORCE**

Ending a marriage can be very difficult. The focus, once on sentiments of love and devotion, can shift to feelings of loss, hurt and anger. Collaborative Divorce helps couples move through the invariable conflicts that develop during this time of emotional transition in a constructive and problem-solving approach. Because Collaborative Divorce professionals are trained in mediation and the Collaborative Divorce process, they guide clients in negotiating these conflicts civilly. When children are involved, these collaborative skills are crucial to maintaining a working co-parenting relationship for the future.

#### SUPPORT WHEN YOU NEED IT

Divorce alters many aspects of life, from raising your children to financial and property questions. Navigating these issues alone, in addition to the emotional impact, can be daunting. The collaborative method is a supportive approach where you and your attorney work together with your spouse/partner and their collaborative attorney, as well as other collaborative professionals who are available to help via our interdisciplinary approach to the process. This includes a financial specialist, a divorce coach and a child specialist. Each of these licensed professionals can be instrumental in helping you with your goals and possible solutions.

#### A NEW AND BETTER WAY

A major difference between Collaborative Divorce and traditional litigated divorce is a pledge to reach an agreement out of court. You both agree, in writing, to be part of a respectful process, solving problems jointly to preserve the integrity of the family. By doing so, you and your spouse/partner maintain control of your decisions instead of having a judge decide what is in your best interest.

# **Resolving Disputes Respectfully**

#### **COLLABORATIVE PRACTICE OFFERS:**

- Mutual respect
- Children's needs prioritized
- You stay out of court
- Increased control of the outcome
- Cost containment
- Open communication
- A problem-solving approach
- Preparation for a new life

#### **OPEN COMMUNICATION**

Even under the best of circumstances, talking with your spouse/partner can be stressful. Open lines of communication are essential for reaching an agreement. Our Collaboratively trained Divorce professionals assure that the settlement meetings will support an opportunity for an honest expression of needs and expectations. When issues are openly discussed, problem-solving can be direct and solution-oriented. This model helps couples reach a realistic settlement by building on areas of mutual agreement.

#### A BETTER ALTERNATIVE

As couples are increasingly seeking a more constructive and often less expensive way to legally dissolve their relationship, Collaborative Divorce is the answer. As needed, collaborative divorce attorneys, mental health professionals and financial professionals work with the couple to resolve their issues by building agreement, without going to court.

## COLLABORATIVE DIVORCE IS BASED ON 3 PRINCIPLES:

- A pledge not to go to court
- An honest and open exchange of information between both spouses
- · Solutions that address the needs and concerns of all family members

# A New Path to Respectful Resolution

#### A FOCUS ON THE FUTURE

Divorce legally ends a marriage but, when children are involved, lifelong responsibilities remain. By fostering respect and encouraging cooperation between the parents, the collaborative process helps parents and children maintain important family bonds to enable them to move forward in a way the helps everyone heal.

#### **COLLABORATIVE ATTORNEY**

Collaboratively trained attorneys pledge to keep you out of Court. Their main task focuses on problem solving for the family. This includes advising you on your rights and obligations as they relate to issues of parenting, custody, support, equitable distribution of property and other financial matters.

#### **DIVORCE COACH**

A collaboratively trained, licensed mental health professional helps you cope with emotions that could become an obstacle to a collaborative agreement. This is not therapy. The coach helps you focus on the present to better plan your future.

#### **CHILD SPECIALIST**

Communication within the family can be difficult during this time. The collaboratively trained child specialist shares the children's concerns with the parents so an informed and comprehensive parenting plan can be developed.

# FINANCIAL SPECIALIST

A divorce settlement affects your finances for years. The collaboratively trained financial specialist protects your family's interests by reviewing assets, debts and incomes while developing viable options for your future. You and your attorneys then construct a comprehensive plan.

For more information on Collaborative Practice, please visit our website: www.CollaborativeDivorceAssociationofNorthJersey.com

#### **LAWYERS**

#### Mitchell S. Arons

Arons & Solomon, PA
One University Plaza, Suite 400
Hackensack, New Jersey 07601
(201) 487-1199
(201) 487-9109 – fax
mitchell.arons@aslawnj.com
www.aronssolomon.com

#### Adam J. Berner

Berner Law & Mediation 1 University Plaza, Suite 214 Hackensack, New Jersey 07601 (201) 836-0777 (201) 336-9130 – fax adam@mediationoffices.com www.mediationoffices.com

#### New York Office:

260 Madison Avenue 22<sup>nd</sup> Floor New York, New York 10016 (212) 721-7555

# Jennifer Bretz

Arons & Solomon, PA
One University Plaza, Suite 400
Hackensack, New Jersey 07601
(201) 487-1199
(201) 487-9109 – fax
jennifer.bretz@aslawnj.com
www.aronssolomon.com

#### **Sharon Clancy**

Sharon Clancy LLC 26 Malcolm Place Mahwah, New Jersey 07430 (201) 488-7800 sc@dceesqs.com

# Alexandra M. Coglianese (also a MSW/LSW)

Bremer, Buckner, LLC 2 University Plaza, Suite 312 Hackensack, New Jersey 07601 (201) 488-2141 (201) 487-1257 – fax acoglianese@bremerbucknerlaw.com www.bremerbucknerlaw.com

#### Candice L. Drisgula

Drisgula & Thatcher, LLC 1501 Hamburg Turnpike, Suite 305 Wayne, New Jersey 07470 (973) 872-1200 (973) 872-1300 – fax cdrisgula@njdivorcesolutions.com www.njdivorcesolutions.com

#### **LAWYERS**

#### Ira C. Kaplan

Law Offices of Ira C. Kaplan, PC 190 Moore Street, Suite 430 Hackensack, New Jersey 07601 (201) 457-9090 (201) 457-1414 – fax ira@irakaplanlaw.com www.irakaplanlaw.com

#### Kathy Karas-Pasciucco

Feitlin, Youngman, Karas & Gerson, LLC
Heritage Plaza II
65 Harristown Road, Suite 207
Glen Rock, New Jersey 07452
(201) 791-4400, ext. 110
(201) 791-5659 – fax
kpasciucco@fykglaw.com
www.fykglaw.com

#### Paul D. Kreisinger

51 Elliott Place Rutherford, New Jersey 07070 (201) 939-3336 (201) 939-7789 – fax paul@pdkesq.com www.pdkesq.com

#### **Ridgewood Office:**

1172 East Ridgewood Avenue Suite 8, Second Floor Ridgewood, New Jersey 07450 (201) 939-3336 (201) 939-7789 – fax

#### Karen Laifer

Law Offices of Karen F. Laifer, LLC 565 Warwick Avenue Teaneck, New Jersey 07666 (201) 407-0312 karen@laiferlaw.com

#### **LAWYERS**

#### Stephanie F. Lehman

Phillips Nizer LLP 433 Hackensack Avenue Suite 803 Hackensack, New Jersey 07601 (201) 487-3700 – direct (201) 646-1764 – fax slehman@phillipsnizer.com

#### New York Office:

495 Lexington Avenue New York, NY 10017 (212) 977-9700 (212) 262-5152 – fax

## Paul Lomberg

Lomberg, Del Vescovo & Pollak LLC 2 University Plaza, Suite 602 Hackensack, New Jersey 07601 (201) 342-8100 (201) 342-9411 – fax paul@ldplawyers.com www.ldplawyers.com

#### Amelia A. Nickles

Berner Law & Mediation 1 University Plaza, Suite 214 Hackensack, New Jersey 07601 (201) 836-0777 (201) 336-9130 – fax amelia@mediationoffices.com www.mediationoffices.com

#### **New York Office:**

260 Madison Avenue
22<sup>nd</sup> Floor
New York, NY 10016
(212) 721-7555

#### **LAWYERS**

#### Cathy J. Pollak

Lomberg, Del Vescovo & Pollak LLC 2 University Plaza, Suite 602 Hackensack, New Jersey 07601 (201) 342-8100 (201) 342-9411 – fax cathy@ldplawyers.com www.ldplawyers.com

## Philip C. Puglisi

Law Offices of Philip C. Puglisi, LLC 279 Franklin Avenue Wyckoff, New Jersey 07481 (201) 431-8400 (201) 431-8403 – fax pcpuglisi@optimum.net www.philippuglisilaw.com

#### Steven R. Rubenstein

Meyerson, Fox, & Conte, PA One Paragon Drive, Suite 240 Montvale, New Jersey 07645 (201) 802-9202 (201) 802-9201 – fax srubenstein@mfmclaw.com www.mfmclaw.com

#### Linda H. Schwager

350 Ramapo Valley Road, Suite 29 Oakland, New Jersey 07436 (201) 337-5166 (201) 337-6100 – fax Lin822@aol.com

#### **David Torchin**

Torchin Martel & Orr, LLC 179 S. Maple Avenue, Suite LL Ridgewood, New Jersey 07450 (201) 971-4TMO (4866) (201) 839-3431 torchin@tmolawfirm.com www.tmolawfirm.com

#### Laura L. Van Tassel

645 Westwood Avenue, Suite 301 River Vale, New Jersey 07675 (201) 664-8566 (201) 383-0248 – fax laura@vantassellaw.com www.vantassellaw.com

#### Marcia K. Werner

466 Kinderkamack Road Oradell, New Jersey 07649 (201) 262-8900 (201) 261-7978 – fax wernerlaw@optonline.net www.wernerlawsolutions.com

#### FINANCIAL PROFESSIONALS

### Carleen J. Gaskin, CPA/ABV/CFF

WithumSmith+Brown, PC 250 Pehle Avenue, Suite 104 Park 80 West, Plaza Two Saddle Brook, New Jersey 07663 (201) 265-2800 (201) 265-8101 – fax cgaskin@withum.com

#### Merrill J. Martin, CPA

Merrill J. Martin, CPA, LLC 48 Busteed Drive Midland Park, New Jersey 07432 (201) 681-8281 (201) 447-3116 – fax merrillmartincpa@gmail.com www.merrillmartincpa.com

#### Angela N. Radossi, CPA

Angela N. Radossi, CPA, LLC 12 No. State Route 17, Suite 101 Paramus, New Jersey 07652 (201) 226-0034 (201) 226-0036 – fax angela@angelaradossicpa.com www.angelaradossicpa.com

# Megan A. Sartor, CPA/ABV/CFF Sax LLP 389 Interpace Parkway, STE 3 Parsippany, New Jersey 07054 (973) 472-6250 (973) 554-6158 – direct msartor@saxllp.com www.saxllp.com

#### MENTAL HEALTH PROFESSIONALS - Divorce Coaches

#### Melissa L. Donahue, LCSW

MD Counseling, LLC 589 Franklin Turnpike, Suite #7 Ridgewood, New Jersey 07450 (201) 240-9788 melissa@md-counseling.com www.MD-counseling.com

#### Morristown Office:

111 Madison Avenue Suite 308 Morristown, New Jersey 07960

#### Paul D. Kreisinger, LCSW

1172 East Ridgewood Avenue Suite 8, Second Floor Ridgewood, New Jersey 07450 (201) 939-3336 (201) 939-7789 – fax paul@pdklcsw.com https://tinyurl.com/3yqk3stf

#### **Rutherford Office:**

51 Elliott Place Rutherford, New Jersey 07070-1951 (201) 939-3336 (201) 939-7789 – fax

#### Michele LaCouture, PhD, LPC

127 E Ridgewood Avenue Suite 206 Ridgewood, New Jersey 07450 (917) 259-6401 (862) 200-5507 – fax drmichelelacouture@aol.com

#### Shireen B. Meistrich, LCSW

10-14 Saddle River Road Fair Lawn, New Jersey 07410 (201) 791-1560 (201) 445-4835 – fax smeistrichmsw@gmail.com





# COLLABORATIVE PRACTICE



Collaborative Divorce Association of North Jersey. com